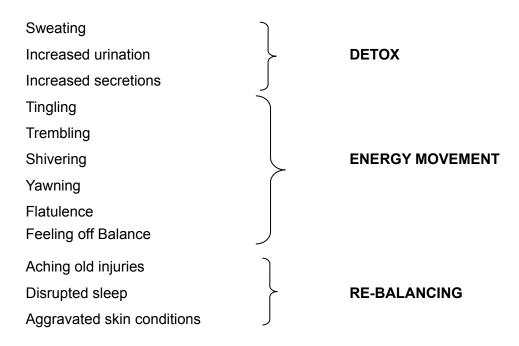


Integrative Balance Crystal Therapies

After Care

Please be aware that crystal healing will naturally return your body to a pure state of being and eliminate any toxins within the body via the appropriate excretory systems. Below is a list of possible Detox sensations that may be experienced.



You may or may not experience Detox sensations, healing is always individual and aimed toward your highest good therefore the results **will** always be positive.

If you have any questions regarding your healing experience we are here to support and offer you guidance please feel free to contact us.

Contact details: Cristina Email: integrativebalanceltd@gmail.com

I hope that you have enjoyed your healing session and journey back to health, happiness and a balanced state of well being.

